## **Nutrition Facts**

About 15 servings per container

Serving size 2 scoops (40g)

# Amount per serving Calories

# 150

Saturated Fat 0g  Trans Fat 0g  Cholesterol 0mg  Sodium 300mg  Total Carbohydrate 9g  Dietary Fiber 1g  Total Sugars 6g  Includes 5g Added Sugars  Protein 25g  Vitamin D 20mcg  100% • Calcium 30mg  Iron 2.7mg  15% • Potassium 300mg  Vitamin C 15mg  20% • Thiamin 0.3mg  2  Riboflavin 0.3mg  25% • Niacin 2.4mg		_	
Saturated Fat 0g  Trans Fat 0g  Cholesterol 0mg  Sodium 300mg  Total Carbohydrate 9g  Dietary Fiber 1g  Total Sugars 6g  Includes 5g Added Sugars  Protein 25g  Vitamin D 20mcg  100% • Calcium 30mg  Iron 2.7mg  15% • Potassium 300mg  Vitamin C 15mg  20% • Thiamin 0.3mg  Riboflavin 0.3mg  25% • Niacin 2.4mg  1 Vitamin B6 0.35mg  20% • Folate 100mcg DFE 3		% Daily Va	alue*
Trans Fat 0g           Cholesterol 0mg         Cholesterol 0mg           Sodium 300mg         1.9           Total Carbohydrate 9g         3           Dietary Fiber 1g         4           Total Sugars 6g         4           Includes 5g Added Sugars         10           Protein 25g         50           Vitamin D 20mcg         100% • Calcium 30mg           Iron 2.7mg         15% • Potassium 300mg           Vitamin C 15mg         20% • Thiamin 0.3mg         2           Riboflavin 0.3mg         25% • Niacin 2.4mg         1           Vitamin B <sub>6</sub> 0.35mg         20% • Folate 100mcg DFE         3	Total Fat 1g		1%
Cholesterol Omg Sodium 300mg Total Carbohydrate 9g Dietary Fiber 1g Total Sugars 6g Includes 5g Added Sugars Protein 25g Vitamin D 20mcg 100% • Calcium 30mg Iron 2.7mg 15% • Potassium 300mg Vitamin C 15mg 20% • Thiamin 0.3mg Riboflavin 0.3mg 25% • Niacin 2.4mg 1 Vitamin B6 0.35mg 20% • Folate 100mcg DFE 3	Saturated Fat (	)g	0%
Sodium 300mg         1.8           Total Carbohydrate         9g         3           Dietary Fiber 1g         4         4           Total Sugars 6g         Includes 5g Added Sugars         10           Protein 25g         50         50           Vitamin D 20mcg         100% • Calcium 30mg         100mg           Iron 2.7mg         15% • Potassium 300mg         Vitamin C 15mg         20% • Thiamin 0.3mg         2           Riboflavin 0.3mg         25% • Niacin 2.4mg         1         1         Vitamin B <sub>6</sub> 0.35mg         20% • Folate 100mcg DFE         3	Trans Fat 0g		
Total Carbohydrate 9g  Dietary Fiber 1g  Total Sugars 6g  Includes 5g Added Sugars  Protein 25g  Vitamin D 20mcg  100% • Calcium 30mg  Iron 2.7mg  15% • Potassium 300mg  Vitamin C 15mg  20% • Thiamin 0.3mg  Riboflavin 0.3mg  25% • Niacin 2.4mg  1  Vitamin B <sub>6</sub> 0.35mg  20% • Folate 100mcg DFE 3	Cholesterol 0m	g	0%
Dietary Fiber 1g  Total Sugars 6g Includes 5g Added Sugars  Protein 25g  Vitamin D 20mcg 100% • Calcium 30mg Iron 2.7mg 15% • Potassium 300mg Vitamin C 15mg 20% • Thiamin 0.3mg 25% • Niacin 2.4mg 1 Vitamin B <sub>6</sub> 0.35mg 20% • Folate 100mcg DFE	Sodium 300mg		15%
Total Sugars 6g Includes 5g Added Sugars  Protein 25g  Vitamin D 20mcg 100% • Calcium 30mg Iron 2.7mg 15% • Potassium 300mg Vitamin C 15mg 20% • Thiamin 0.3mg 25% • Niacin 2.4mg 1 Vitamin B <sub>6</sub> 0.35mg 20% • Folate 100mcg DFE 3	Total Carbohy	<b>drate</b> 9g	3%
Includes 5g Added Sugars         Protein 25g       50         Vitamin D 20mcg       100% • Calcium 30mg         Iron 2.7mg       15% • Potassium 300mg         Vitamin C 15mg       20% • Thiamin 0.3mg       2         Riboflavin 0.3mg       25% • Niacin 2.4mg       1         Vitamin B <sub>6</sub> 0.35mg       20% • Folate 100mcg DFE       3	Dietary Fiber 1	g	4%
Protein 25g         50         Vitamin D 20mcg       100% • Calcium 30mg         Iron 2.7mg       15% • Potassium 300mg         Vitamin C 15mg       20% • Thiamin 0.3mg       2         Riboflavin 0.3mg       25% • Niacin 2.4mg       1         Vitamin B <sub>6</sub> 0.35mg       20% • Folate 100mcg DFE       3	Total Sugars 6	g	
Vitamin D 20mcg 100% • Calcium 30mg Iron 2.7mg 15% • Potassium 300mg Vitamin C 15mg 20% • Thiamin 0.3mg 2 Riboflavin 0.3mg 25% • Niacin 2.4mg 1 Vitamin B <sub>6</sub> 0.35mg 20% • Folate 100mcg DFE 3	Includes 5g	Added Sugars	10%
Iron 2.7mg15% • Potassium 300mgVitamin C 15mg20% • Thiamin 0.3mg2Riboflavin 0.3mg25% • Niacin 2.4mg1Vitamin B6 0.35mg20% • Folate 100mcg DFE3	Protein 25g		50%
Iron 2.7mg15% • Potassium 300mgVitamin C 15mg20% • Thiamin 0.3mg2Riboflavin 0.3mg25% • Niacin 2.4mg1Vitamin B6 0.35mg20% • Folate 100mcg DFE3			
Vitamin C 15mg 20% • Thiamin 0.3mg 2 Riboflavin 0.3mg 25% • Niacin 2.4mg 1 Vitamin B <sub>6</sub> 0.35mg 20% • Folate 100mcg DFE 3	Vitamin D 20mcg	100% • Calcium 30mg	2%
Riboflavin 0.3mg 25% • Niacin 2.4mg 1 Vitamin B <sub>6</sub> 0.35mg 20% • Folate 100mcg DFE 3	Iron 2.7mg	15% • Potassium 300mg	6%
Vitamin B <sub>6</sub> 0.35mg 20% • Folate 100mcg DFE 3	Vitamin C 15mg	20% • Thiamin 0.3mg	25%
	Riboflavin 0.3mg	25% • Niacin 2.4mg	15%
Pantothenic acid 1mg 20%	Vitamin B <sub>6</sub> 0.35mg	20% • Folate 100mcg DFE	30%
, and the second	Pantothenic acid 1m	g 20%	

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Soy Protein, Beetroot, Coconut Nectar Sugar, Organic Evaporated Cane Sugar, Natural Flavors, Coconut Cream, Organic Tart Cherry, Sea Salt, Guar Gum, Gum Acacia, Citric Acid, Organic B Vitamins Blend (Organic Guava Extract, Organic Mango Extract, Organic Lemon Extract), Monk Fruit Extract, Xanthan Gum, Acerola Cherry, Vitamin Dz Mushroom Powder

**CONTAINS: SOY, COCONUT** 

### FORMULATED AND DISTRIBUTED BY:

The Juice Plus+ Company 140 Crescent Drive, Collierville, TN 38017 Use this product as a food supplement only. Do not use for weight loss.

# LET'S SHAKE IT UP

#### **DIRECTIONS:**

#### SCOOP IT

2 scoops (40 grams)

#### MIX IT

Mix with 10 ounces of water and shake vigorously

#### SIP IT

Enjoy the sweet taste of plant-based nutrition

### Join us at

### JUICEPLUS.COM

for recipe ideas and more!

Store in a cool, dry place.

## +

# MORE THAN JUST A PROTEIN POWDER

## **25**g

PLANT-BASED PROTEIN PER SERVING

## NO

ARTIFICIAL SWEETENERS

## **VEGAN**

GLUTEN-FREE

We know good nutrition is important in performance. Juice Plus+ Perform is a unique mix of ingredients like soy protein, tart cherry, beetroot, and others, with naturally occurring essential amino acids and other plant nutrients to support your active lifestyle.



